
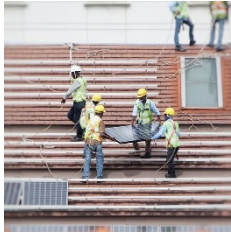




Workplace safety

Glossary

Words and terms that appear in this practice

PPE Item	How it protects you	Picture of someone wearing the PPE	NOTES
Safety helmet or 'hard hat'	Gives protection to the worker from injury to the head caused by falling objects or the worker falling over. A safety helmet can also provide protection from the sun.		<hr/> <hr/> <hr/> <hr/>
Safety harness	A safety harness is worn by workers when they are working at a height or 2 metres or more from the ground. Examples are when working on the roof of a building or on scaffolding on the side of a building. The safety harness prevents the worker from falling to the ground if they lose their balance.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Steel-capped boots	Steel-capped boots or shoes are required in many workplaces where there is potential for injury to the feet from falling heavy or sharp objects.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Disposable respirators (face masks)	Face masks are worn to protect workers from inhaling tiny particles in the air that could cause harm to the lungs. The hazardous particles may be from chemicals, fertilisers, or dust. Disposable respirators are worn once and then thrown away.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



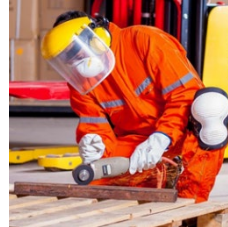
**Re-usable
face
respirators**

Re-usable respirators are worn by workers who are working with chemicals or gases that can cause disease or other harm to the lungs. They can be worn more than once and have replaceable filters that capture small hazardous particles.



**Face shields
and visors**

Face shields and visors provide protection to the face including the skin, mouth, nose, and eyes, caused by extreme heat, sharp flying objects, dust particles, or electrical sparks.



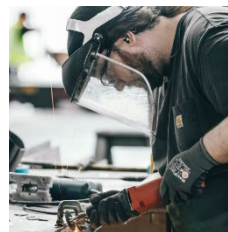
**Safety
glasses and
goggles**

Safety glasses and goggles provide protection to the eyes, caused by sharp flying objects, dust particles, or electrical sparks. Some safety glasses can be tinted to provide protection against the sun if being worn outdoors.



Earplugs

Earplugs are placed inside the ears to protect a worker's ears from loud noise that can cause hearing loss.



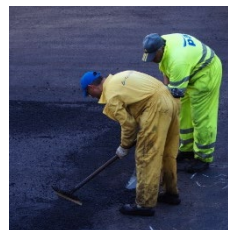
Earmuffs

Earmuffs are placed over the ears to protect a worker's ears from loud noise that can cause hearing loss.



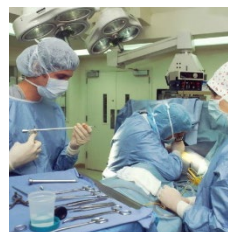
**Protective
coveralls**

Coveralls are worn over a worker's regular clothes to protect them from damage caused by paints, chemicals, dirt, or other things that can stain.



**Disposable
gowns**

Disposable gowns are often worn by health workers, such as doctors and nurses to protect the workers' clothes from human blood that could carry disease.

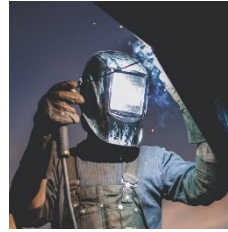


NOTES



Heat-resistant gloves

Heat-resistant gloves are worn to protect against burns by workers who come into contact with very hot objects. Some examples of these workers are welders, fire fighters, and bakers.



Disposable gloves

Disposable gloves are worn by some workers to protect them from anything that could harm them through the skin, such as chemicals or human blood that might carry disease. Some workers wear the disposable gloves to keep other people safe; for example, when they are preparing or handling food that others will eat.



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NOTES



Check what you know

A safety harness is worn by workers when they are working at a height of _____ metres or more from the ground. I would use a safety harness if I was...

Earmuffs versus Earplugs. What is the difference?

Earmuffs versus Earplugs. What is the same?

What will help to protect a worker's head from falling objects and other accidents?

What will help to protect a worker's feet from falling heavy or sharp objects?



Circle which of these workers would wear a face mask

Underline these workers who need to wear a respirator:

- pest controller fire fighter dentist nurse floor sander
crop grower nail technician nuclear power plant worker

Face shields and visors provide protection to what parts of the face?

What PPE will protect your eyes?



If you were a vet, would you wear a disposable gown?

Yes

No

Why? / Why not?

What is something that welders, fire fighters, and bakers all have to wear?

Tick all that apply

People wear disposable gloves to protect them from:

heat

disease

mosquitoes

the cold


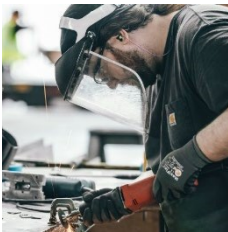
chemicals

human blood






PPE Item	How it protects you	Picture of someone wearing the PPE	NOTES
<p>Disposable respirators (face masks)</p>	<p>Face masks are worn to protect workers from inhaling tiny particles in the air that could cause harm to the lungs. The hazardous particles may be from chemicals, fertilisers, or dust. Disposable respirators are worn once and then thrown away.</p>		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Re-usable respirator</p>	<p>Re-usable respirators are worn face by workers who are working with chemicals or gases that can cause disease or other harm to the lungs. They can be worn more than once and have replaceable filters that capture small hazardous particles</p>		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Face shields</p>	<p>Face shields and visors provide protection to the face including the skin, mouth, nose, and eyes, caused by extreme heat, sharp flying objects, dust particles, or electrical sparks.</p>		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



PPE Item	How it protects you	Picture of someone wearing the PPE	NOTES
Safety glasses and goggles	Safety glasses and goggles provide protection to the eyes, caused by sharp flying objects, dust particles, or electrical sparks. Some safety glasses can be tinted to provide protection against the sun if being worn outside.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Earplugs	Earplugs are placed inside the ears to protect a worker's ears from loud noise that can cause hearing loss.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Earmuffs	Earmuffs are placed over the ears to protect a worker's ears from loud noise that can cause hearing loss.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Protective coveralls	Coveralls are worn over a worker's regular clothes to protect them from damage caused by paints, chemicals, dirt, or other things that can stain.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Images: Pixabay & unsplash.com



PPE Item	How it protects you	Picture of someone wearing the PPE	NOTES
<p>Disposable gowns</p>	<p>Disposable gowns are gowns often worn by health workers, such as doctors and nurses, to protect the worker's clothes from human blood that might carry.</p>		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Heat-resistant gloves</p>	<p>Heat-resistant gloves are worn to protect workers who come into contact with very hot objects. Some examples of workers who come into contact with very hot objects are welders, fire fighters, and bakers.</p>		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p>Disposable gloves</p>	<p>Disposable gloves are worn by some workers to protect them from anything that could harm them through the skin, such as chemicals or human blood that might carry disease. Some workers wear disposable gloves to keep other people safe, for example when they are preparing or handling food that others will eat.</p>		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

Images: Pixabay & unsplash.com



Tick all that apply

Safety helmet or 'hard hat'

- Protects your head from:
 - falling objects
 - hitting your head on something hard
 - the sun

Safety harness

- Protects your body from falling to the ground
- Wear if you are 2 metres or more off the ground:
 - on a roof
 - up a tree
 - on scaffolding

Steel-capped boots or shoes

- Protect your feet from:
 - heavy objects
 - sharp objects

Disposable respirators (face masks)

- You wear once and then throw away
- Protect your lungs from breathing in dangerous:
 - chemicals
 - fertilisers
 - dust

Re-usable face respirators

- You wear more than once
- Have replaceable filters
- Protect your lungs from breathing in:
 - chemicals
 - gases

Safety glasses and goggles

- Protect your eyes from:
 - sharp flying objects
 - dust
 - electrical sparks
- Can be tinted to protect from the sun



Face shields and visors

- Protect your face including:
 - skin
 - mouth
 - nose
 - eyes
- Protects from:
 - extreme heat
 - sharp flying objects
 - dust particles
 - electrical sparks

Earplugs

- Wear inside the ears
- Protects hearing

Earmuffs

- Wear over the ears
- protects hearing loss

Heat-resistant gloves

- Protect hands from burns from very hot objects
- Worn by welders, fire fighters, and bakers.

Protective coveralls

- Wear over clothes
- Protects clothes from damage by:
 - paints
 - chemicals
 - dirt
 - things that can stain.

Disposable gowns







- Protect from blood (that could carry disease)
- Worn by health workers e.g., doctors and nurses







Disposable gloves

- Protect hands from
 - chemicals
 - blood (that could carry disease)
 - germs



Match the protective equipment with the danger

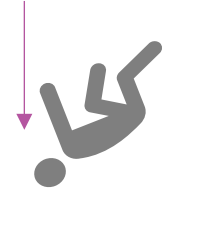


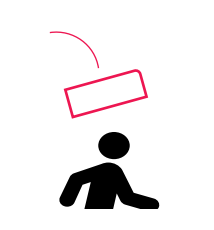
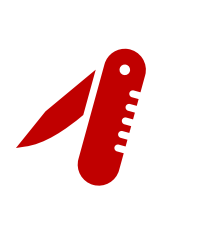

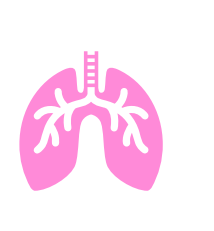
PPE Item	
	Safety helmet or 'hard hat'
	Re-usable respirator
	Steel-capped boots
	Safety glasses and goggles
	Earmuffs
	Protective coveralls

Protects you from	
	Breathing in fertiliser
	Blood
	Breathing in chemicals
	Burns/extreme heat
	Electric sparks
	Sharp flying objects



Match the protective equipment with the danger

PPE Item	
	Face shields
	Safety harness
	Disposable respirators (face masks)
	Earplugs
	Heat-resistant gloves
	Disposable gowns
	Disposable gloves

Protects you from	
	Falling to the ground
	Hearing loss
	The sun
	Falling objects
	Sharp objects
	Paint
	Breathing in dust



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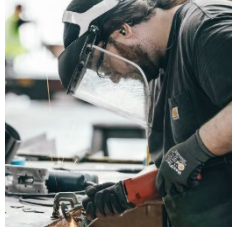
PPE Item	Someone wearing the PPE	NOTES
Safety helmet or 'hard hat'		
Safety harness		
Steel-capped boots		
Disposable respirators (face masks)		
Re-usable face respirators		
Face shields and visors		



Safety glasses and goggles



Earplugs



Earmuffs



Protective coveralls



Disposable gowns



Heat-resistant gloves



Disposable gloves



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A vertical grey rectangular area containing 20 horizontal white lines, serving as a writing space.

